

### SELFLESS SERVICE TO SOCIETY IS TRUE SADHANA

All names and forms are the manifestations of the Supreme Being who is the embodiment of peace and auspiciousness. He is Existence, Knowledge, Bliss Absolute and non-dual. He is Sathyam, Sivam, Sundaram (Truth, Goodness, Beauty).

(Sanskrit Verse)

#### Embodiments of Love!

T MAKES ME IMMENSELY HAPPY TO see that you have been experiencing bliss during the last three days. Three days have passed like three minutes (*loud applause*). Your hearts are full of devotion, bliss and steadfast faith.

### Associate yourself only with Good Company

Vyakti (individual) is a part of Samashti (society). Samashti is an aspect of Srishti (creation) which has emerged from Parameshti (God). It is therefore the duty of every individual to undertake sacred and selfless service of society. True society is constituted by such individuals. All actions of man should be devoted to the service of society. All are the members of the same society. Though the individuals are different, they are endowed with the same heart. Ekam Sath Viprah Bahudha Vadanti (truth is one, but the wise refer to it by various names). Ekatma Sarva Bhutantaratma (one Atma dwells in all beings).

This is a blank paper. If you pack vegetables in it, it will acquire the smell of vegetables. If you pack fruits like plantain in it, it will acquire the smell of plantain. If you pack fish in it, it will emit the smell of dry fish

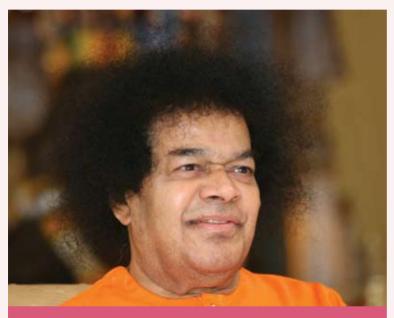
paper has no smell of its own; it absorbs the smell of the substance that you pack in it. Man by nature is pure and sacred. But he acquires evil qualities by associating himself with bad company. Tell me your company, I shall tell you what you are. If you tell what type of people

Attain the love of God through love. Similarly, attain truth through truth. When you lead your life in such a manner, that is true Sadhana. Going to a forest and sitting in solitude is not true Sadhana. Live in society and serve it selflessly, thinking that you are serving God. When you serve somebody in distress, consider that you are serving God Himself.

you are associated with, I can tell you the type of person you are. It is therefore necessary that you associate yourself with good people in our activities. It is the company that makes ood or bad. Therefore, keep away from

bad company. Join the company of those who have a pure heart and sacred feelings. Man is a part of society. The evils that are present in society are the result of evils of individuals who constitute it. Similarly, the evils of society affect the individual. The entire creation is divine. All are essentially sacred. One's behaviour may, however, undergo change due to the impact of the environment.

#### Differences in Society are Created by



Whatever activity you undertake, fill it with love.
When you give food to a beggar, do it with love.
Do not entertain disgust, anger or hatred towards anyone. If you perform all your actions with love, that is true devotion. Some people do Japa, chanting Ram, Ram, Ram. As they turn the beads of the rosary, their mind also roams everywhere.
That is no Japa. The name of Rama should fill your heart with delight. You will be able to visualise the divine form of Rama when you chant His name wholeheartedly with closed eyes.

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#### Man

Man is endowed with Pancha Pranas (five life-breaths), Panchendriyas (five senses) and Panchabhutas (five elements). The five elements are present in man in the form of the senses of Sabda (sound), Sparsha (touch), Rupa (form), Rasa (taste) and Gandha (smell). We will have the type of experience according to the type of path we follow. Therefore, we should associate with good people, earn a

good name and lead a good life. Fill your heart with pure and divine feelings. These are the qualities that Buddha was endowed with. Buddha declared: Dharmam Saranam Gachchhami (I take refuge in righteousness), Sathyam Saranam Gachchhami (I take refuge in truth). All our endeavours should be based on Sathya and Dharma. Even if you come across bad people, see only good in them. The same God is the indweller of all beings. People attribute many names to God like Allah, Jesus, Rama, Krishna, etc., but God is one. Do not observe any difference between the different names of God. There are many sweets like Laddu, Jilebi, Mysore Pak, but they have the same essential ingredient of sugar in them. Names and forms may vary, but the Atma is the same in all. Rama and Krishna were not born with these names; they were given these names by their parents. God does not come down with any particular name.

Nirgunam, Niranjanam, Sanathana Niketanam, Nitya, Shuddha, Buddha, Mukta, Nirmala Swarupinam (God is attributeless, pure, final abode, eternal, unsullied, enlightened, free and embodiment of sacredness). It is the people who attribute names and forms to God and develop differences on that basis extolling one form and condemning the other.

Do not be carried away by names and forms. Rely on the principle of the Atma which is formless. The Atma is the embodiment of bliss. Nitvanandam, Parama Sukhadam, Kevalam Jnanamurtim. Dwandwateetam. Gagana Sadrisham, Tattwamasyadi Lakshyam, Ekam, Vimalam. Achalam. Nityam, Sarvadhee Sakshibhutam, Bhavateetam, Trigunarahitam (The Atma is the embodiment of eternal bliss. wisdom absolute, beyond the pair of opposites, expansive and pervasive like the sky, the goal indicated by the Mahavakya Tattwamasi, one without a second, eternal, pure, unchanging, witness of all functions of the intellect, beyond all mental conditions and the three attributes of Sattwa, Rajas and Tamas.) Differences arise when we attribute different names to the Atma. These differences are created by you, not by God. God is the embodiment of love and truth. Truth is God. Love is God. Live in Love. Fill vour heart with love and lead a life of love. Love everyone because God is present in all in the form of love. There is no one in this world without love. Love may appear to have many forms, but in reality it is only one.

#### Fill all your Actions with Love

Embodiments of Love!

Whomsoever you see, consider him as the embodiment of Atmic principle. Do not be carried away what others say. Whatever people may

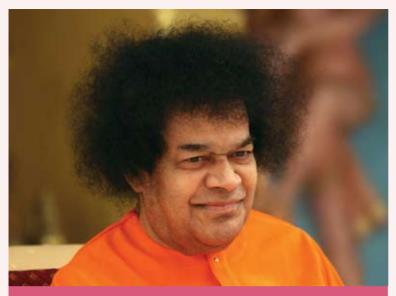
about you, consider that it is good for you. When you develop your thinking like that, everything will become good for you. Even if someone criticises you, do not be afraid of it. Face it with courage. Fill your heart with courage. Walk on the path of truth and love with courage. Love is most sacred. It is the form of God. If you hate love, it is equivalent to hating God. There is no other name of God except love.

#### Embodiments of Love!

In the last three days, the songs you sang and the activities you performed gave bliss to one and all (loud applause). You have waited for this opportunity for a long time and today your aspirations have found fulfilment. Your love and your Sadhana will never go waste. Love remains as love and truth remains as truth. Whatever activity you undertake, fill it with love. When you give food to a beggar, do it with love. Do not entertain disgust, anger or hatred towards anyone. If you perform all your actions with love, that is true devotion. Some people do Japa, chanting Ram, Ram, Ram, As they turn the beads of the rosary, their mind also roams everywhere. That is no Japa. The name of Rama should fill your heart with delight. You will be able to visualise the divine form of Rama when you chant His name wholeheartedly with closed eyes. Prema Mudita Manase Kaho Rama Rama (Chant the name of Rama with heart full of love). The name of God should be imprinted on your heart.

God is the embodiment of love and beyond all attributes. It is only your imagination that assigns attributes to God. Desire, anger, hatred, greed, jealousy and pride are your own creation; they have not come from God. God ays blesses you with love. You look at an trand want to possess it. That is due to

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Even if someone criticises you, do not be afraid of it. Face it with courage. Fill your heart with courage. Walk on the path of truth and love with courage. Love is most sacred. It is the form of God. If you hate love, it is equivalent to hating God. There is no other name of God except love.

your covetousness. God has nothing to do with it. God is absolutely desireless. Some people even try to hoodwink God by superimposing their desires on Him. They accuse God by attributing to Him what is not there in Him. In spite of that, God always loves you. Attain the love of God through love. Similarly, attain truth through truth. When you lead your life in such a manner, that is true Sadhana. Going to a forest and sitting in solitude is not true Sadhana. Live in society and serve it selflessly, thinking that you are serving God. When you serve somebody in distress, consider that you are serving God Himself. There is no place where God is not there. Everything is pervaded by divinity. There is divinity in this cloth, microphone and, in

fact, in everything in this world. From the worldly point of view, you may call this a cloth, but when you develop divine vision, you will see God in everything. The cloth is made of threads and threads come from cotton. Without cotton, there can be no threads and without threads there can be no cloth. Just as cotton is the fundamental basis of cloth. God is the fundamental basis of this world. There is no place in this world where God is not there. Wherever you look, He is there.

#### **Recognise your True Identity**

Embodiments of Love!

You are all embodiments of love; you are all embodiments of divinity. Do not go anywhere in search of God. When you close your eves and enquire.

you will see God in yourself. People undertake many kinds of spiritual practices. All these spiritual practices lead to the same goal. As all the rivers ultimately merge in the ocean, the prayers of all will reach God. Do not consider yourself merely a human being. You are the embodiment of love. When you ask someone his / her name, he / she may say Ramaiah or Lakshmamma. They are not born with these names; they are given these names by their parents. All other names keep changing. There is only one name that does not change and that is 'I'. When somebody asks you, "Who are you?", you should

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### TRIBUTES TO THE DIVINE TEACHER

N THE HOLY FESTIVAL OF GURU Purnima, a mammoth gathering of devotees from India and various parts of the world thronged Prasanthi Nilayam to pay their homage to their Sadguru Bhagavan Sri Sathya Sai Baba. On this happy and holy occasion, many Sai organisations from India and overseas countries offered their tributes to Him through music and cultural presentations in Sai Kulwant Hall.

#### **GURU PURNIMA FUNCTION**

On the morning of Guru Purnima, i.e., 11th July 2006, Bhagavan came to the richly decorated Sai Kulwant Hall at 7.15 a.m. amidst sacred Vedic chants and sweet Nadaswaram notes by the students of Sri Sathya Sai Institute of Higher Learning. After showering the bliss of His Divine Darshan on the huge concourse of devotees in the Hall on this auspicious occasion, Bhagavan came to the verandah of the Hall, where He cut the cake and lighted candles on it amidst a thunderous applause of the devotees.

As soon as Bhagavan was seated on the dais, the Institute students commenced the recitation of Guru Stotras (hymns in praise of Guru). These sacred chants filled the milieu with divine vibrations for nearly 20 minutes. At the conclusion of these chants, the benevolent act of distribution of hand-driven tricycles to 51 physically challenged persons was performed. This was organised by Sri Sathya Sai Seva Organisation of Andhra Pradesh. Among the beneficiaries were 41 needy men and 10 women selected from the various parts of Andhra Pradesh. As their names were announced, they came one by



Bhagavan Sri Sathya Sai Baba blessed 51 physically challenged persons and distributed hand-driven tricycles to them on the holy day of Guru Purnima.

one before Bhagavan, offered their salutations to Him and received His blessings along with the tricycle. Clothes and Vibhuti packets blessed by Bhagavan were also distributed to all of them. This programme concluded at 8.15 a.m. Soul-elevating Bhajans led by the Institute students started after this, providing the blissful experience of Bhajan singing for nearly half an hour to the mammoth gathering of devotees in the Divine proximity of Bhagavan. The morning programme came to a close with offer of Arati to Bhagavan at 8.45 a.m.

### CULTURAL AND MUSIC PROGRAMMES

#### **Guru Purnima Concert**

Sai Symphony Orchestra presented their Guru Purnima concert as part of Guru Purnima celebrations on the afternoon of 11th July 2006 in Sai Kulwant Hall, Prasanthi Nilayam in the Divine Presence of Bhagayan Sri Sathya Sai

Baba. More than 60 musicians from 22 countries presented this scintillating music programme conducted



More than 60 musicians from 22 countries paid their musical tribute to Bhagavan on the holy occasion of Guru Purnima.

by Sri Klaus Maurer of Switzerland. The programme, which commenced with the sweet tune of the Hindi devotional song, "Murali Krishna, Mukunda Krishna ...", consisted of eight selected compositions of famous musicians, viz., Karl Maria von Weber, Franz Lehar, George Frideric Handel, Gioacchino Antonio Rossini, Charles Gounod, N. Rimsky Korsakov, Giuseppe Verdi and Edward Elgar. The instruments used were: violin, viola, cellos, bass, oboe, bassoon, clarinet, flute, trumpet, trombone, French horn, English horn, keyboard harp, timpani, cymbals, tambour and percussion. The presentation was a fine treat for the connoisseurs of music. At the conclusion of the programme, Bhagavan went into the rows of the artistes and showered His blessings on them. The programme which commenced at 2.35 p.m. came to a close at 3.50 p.m.

### Abhinayanjali: Dance Programme by the Institute Students

Unity of the entire creation, power of the Divine Name, divine effulgence piercing the darkness of delusion were some of the themes expressed in the dance items presented by the students of Sri Sathya Sai Institute of Higher Learning on the afternoons

of 6th July and 10th July 2006 in Sai Kulwant Hall in the Divine Presence of Bhagavan Baba. Symbolising the dance of the creation to the tune of its Creator, the dances displayed the inalienable link between God and man. The perfection with which the students depicted these exalted themes in their movements, songs and music on both the days earned the appreciation of one and all and the blessings of Bhagavan.

#### Sacred Chants by Buddhist Monks

The holy precincts of Prasanthi Nilayam were made holier when eighteen Tibetan Buddhist monks from a monastery near Mysore chanted five sacred Buddhist Mantras for peace and harmony of the world in the Divine Presence of Bhagavan Sri Sathya Sai Baba on the afternoon of 9th July 2006 at Prasanthi Nilayam. The programme commenced in Sai Kulwant Hall at 5.00 p.m. with introductory comments on the inner significance of these sacred Mantras by two children, a 13-year-old



Sai Kulwant Hall reverberated with sacred Buddhist chants when 18 Tibetan Buddhist monks recited five sacred Buddhist Mantras on 9th July 2006.

boy Ong Sai Keet and an 18-year-old girl Fong Sook Ling from Malaysia. The chanting of these Mantras emitted powerful vibrations which created an elevating effect on the audience. In accordance with the Tibetan religious tradition, the chanting was concluded with dedications, and the merits generated by the chanting were

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dedicated to all the beings in all the worlds. Traditional offerings were made to Bhagavan before the beginning and at the conclusion of the sacred chants. These included five Katas (coloured silk cloth), a traditional Chinese offering to express reverence. The programme came to a close at 6.00 p.m. with Arati to Bhagavan. Prasadam was distributed to all at the end of this most elevating programme.

#### God Lives in India

This musical concert was presented by Bailey Sisters of the USA and their troupe in Sai Kulwant Hall on 10th July 2006 in Bhagavan's Divine Presence. The wording of the devotional songs, their excellent rendering in mellifluous voice and sweetness of music created a lasting effect on the audience. In all, five beautiful songs were presented, each song earning the applause and appreciation of the huge gathering. The programme which began at 4.25 p.m. came to a close at 5.00 p.m.

#### Be a Star in God's Heaven: A Drama

This excellent drama was presented by the Bal Vikas children of Jakarta, Indonesia on 12th July 2006 in Sai Kulwant Hall, Prasanthi Nilayam. The drama commenced at 4.15 p.m. with a sweet song, offering salutations to Bhagavan Sri Sathya Sai Baba. Another song accompanied by a rhythmic dance by children described the significance of Duty, Devotion, Discipline, Discrimination and Determination for man's redemption as taught by Bhagavan. This was followed by a magnificent enactment of the story of Dhruva who attained immortality by practising these five values steadfastly. The concluding song and dance was a prayer to the Lord: "Oh Lord! Make me a flower in Your garden, make me a star in Your heaven." It also expressed the resolve of the children to become



The drama "Be a Star in God's Heaven" depicted the story of Dhruva who attained immortality through the practice of Duty, Devotion, Discipline Discrimination and Determination.

little stars in Bhagavan's Divine Mission to spread light of love in the world. Superb acting of the children, beautiful songs, sweet music and perfect direction made this drama an outstanding presentation and a befitting tribute to the Sadguru of the world, Bhagavan Sri Sathya Sai Baba on the auspicious occasion of Guru Purnima. Bhagavan sat through the entire performance and blessed the children at the end of the drama. He also posed for photographs with them.

#### The Power of One: A Drama

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This drama was enacted by the students of the Sathya Sai School, Toronto, Canada on 13th July 2006 in Sai Kulwant Hall, Prasanthi Nilayam. Dedicated as an offering of love, reverence and gratitude to Bhagavan Sri Sathya Sai Baba, it traced the history of the school and highlighted its impact on students, parents and society at large. Through appropriate dialogues and songs, the children also described how this school was unique as it integrated values, education and academic excellence within the mainstream Canadian School System. Bhagavan graced the occasion by His Divine Presence, and also



A scene from the drama "The Power of One" presented by the students of the Sathya Sai School, Toronto, Canada in Sai Kulwant Hall on 13th July 2006.

posed for photographs with children at the end of the drama.

#### From I to We to He: A Drama

On the inaugural day of the three-day International Conference on "Next Generation Information **Technologies** for Societal Advancement and Integration" conducted by the Department of Mathematics and Computer Science (DMACS) of Sri Sathya Sai Institute of Higher Learning in the Institute Auditorium from 15th to 17th July 2006, the students of the Institute presented a drama entitled "From I to We to He" in Sai Kulwant Hall. Based on the teachings of Bhagavan Sri Sathya Sai Baba that information must be transformed into knowledge and ultimately to wisdom, the drama underlined the need for ethics, morality and fair play, particularly in the modern corporate world, and highlighted the role of sacrifice, selfless service and spirituality in all endeavours of man.

Interspersed with thematic songs and a couple of skits, the drama underlined the need for man to understand the inalienable link between Vyashti, Samashti, Srishti and Parameshti (individual, society, creation and the Creator) as taught by Bhagavan. The drama which began at 3.45 p.m. ca

a close with a group song at 4.45 p.m.

#### Awakening the Inner Light

The Sathya Sai Organisation of Japan presented this illuminating programme comprising a traditional Japanese dance, a short skit on the significance of Veda chanting, recitation of Vedic hymns and Bhajan singing in Sai Kulwant Hall, Prasanthi Nilayam on the afternoon of 20th July 2006.

The programme began with a traditional Japanese dance which is performed as a prayer to ancestors for the health of the people and prosperity of society. It was beautifully presented by the Bal Vikas children of Japan. This was followed by a very educative skit on Veda chanting entitled "Vedas: the Breath of Truth". Depicting how the chanting of



Bal Vikas children of Japan performing a traditional Japanese dance in Sai Kulwant Hall on 20th July 2006.

Vedas started in Japan in the year 2004 by the grace of Bhagavan Sri Sathya Sai Baba, the skit focused on the inner significance of Veda chanting and the universality of the Vedic wisdom. Bhagavan keenly watched this programme and also materialised a gold ring for one of the performers. Thereafter, the ladies devotees of Japan chanted the following hymns from the Vedas with accurate

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# DO NOT BURDEN YOURSELF WITH LIMITLESS DESIRES

Sathya, Dharma, Santhi, Prema are the pillars of Sanathana Dharma. Without imbibing these values, the acquisition of all education, performance of all acts of charity and undertaking of all spiritual practices is of little worth. What else is to be conveyed to this assembly of noble souls? (Telugu Poem)

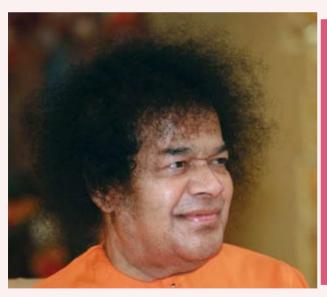
#### Embodiments of Love!

HAT IS THE MEANING OF Avatar (incarnation of God)? It connotes the combination of Divine Consciousness with human consciousness. Man is the combination of body, mind, intellect and consciousness. God,

affairs of the world to teach and guide man and to put him on the right path. Here is a small example.

### Do not Superimpose Human Qualities on Avatars

Once the Gopikas approached Yashoda and complained to her, "Mother! Krishna



When anger overtakes you, put it down immediately considering it as your enemy. It is said, anger is your enemy, patience is your shield of protection, happiness is your heaven. Fill your heart with love and compassion. If you have love in your heart, you will see God everywhere.

who is the embodiment of love, assumes human form to establish identity with man so as to bring about transformation in him through love. God descends on earth and involves Himself in the

came to our house and broke our pots of curd and milk." Some other Gopikas came and complained to Yashoda that Krishna entered their house at midnight and tied the plaits of one Gopika with

the other. When Yashoda chided Krishna for these mischievous acts, Krishna said to His mother, "Mother! You know that I was sleeping by your side all through the night. Then you only tell how I could go to their houses at midnight." Yashoda realised that what Krishna said was true. Obviously, the Gopikas were telling lies, she thought. There is a difference between human consciousness and divine consciousness. If the divine pranks of child Krishna were to be analysed from the spiritual angle, the earthen pots represent the human body. Hence, breaking of the pots denotes denouncing Dehabhranti (delusion caused by body attachment). Not realising this deeper meaning behind the seemingly childish pranks of Krishna, the Gopikas complained against Him to Yashoda.

Later, the Gopikas realised the true nature of Krishna and prayed to Him, "Oh! Krishna! You are the embodiment of bliss, free from Trigunas (Sattwa, Rajas and Tamas) and duality and beyond the ken of human mind. It was our mistake to superimpose human qualities on You. Whatever complaints we made against You to Your mother were caused by our ignorance. Oh Swami! Kindly pardon us and take us into Your fold." Krishna then pardoned all of them and explained to them the principle of oneness, saying, "You are not different from Me. You and I are one." Thus, when we develop faith in the principle of oneness, our lives will be sanctified.

Man is endowed with the body and the mind, both of which breed Kama and Krodha (desire and anger). But God has neither desire nor anger. God does not have even an iota of worldly desires or aspirations. Whatever God does, whatever He sees and says is all for the good of the devotees, and not for Himself.

When God incarnates on earth in human form, He behaves like a human being only. He may make somebody cry, make some other laugh and indulge in playful pranks with yet another. Seeing all these seemingly human acts, people are deluded to treat the Avatar as an ordinary human being. In fact, what could be the reason for God to descend on the earth with a human form? It is only to set an ideal for man and lead him on the path of righteousness.

### Unity and Equality are the Hallmarks of Human Society

When someone asks your name, the usual reply would be: "My name is Ranganna or Somanna", etc. But, these names are given to you by your parents. They are not your true names. In fact, when someone asks your name, you should reply, "I am I". This is your true name. This 'I' is present in every individual. That is the Atma Tattwa (principle of the Self). Excepting this, all other names are only imaginary. This implies that God is immanent in every human being, nay, every living being. All are the embodiments of God. Ekoham Bahusyam (the One willed to become many). It is the One that has assumed all forms. Aham Brahmasmi (I am Brahman). This should be the realisation of each individual. This realisation is the basis of the unity of Vyashti (individual), Samashti (society), Srishti (creation) and Parameshti (God). Without Srishti, there can be no Samashti, and without Samashti, there can be no Vyashti. But who is Vyashti? He is the embodiment of divinity which is present in all. Therefore, society. which is the conglomeration of individuals, is the collective form of divinity. Hence, all are equal in society. No distinction can be made as high or low. Whomever you ridicule, it amounts to ridiculing yourself. It is only your reflection

that you see in him. It is only the resound that you hear. One has to realise this truth and develop the feeling of oneness. The names Rama and Krishna were given to the Avatars by their parents. When God incarnated in the past, He did not proclaim that He was Rama or Krishna. These names were given to the Avatars after their incarnation and not before. Names and forms are merely the marks of distinction of individuals in society.

You need not search for God anywhere. When someone asks you, "Where is God?", you should say with confidence, "I am God." People build temples and buildings with brick and mortar and install idols of God in them. In fact, God is firmly installed in the hearts of all human beings, nay, all living beings. It is only to explain this truth that Lord Krishna in the Bhagavadgita declared, Mamaivamsho Jivaloke Jivabhuta Sanathana (the eternal Atma in all beings is a part of My Being). It is possible to realise this truth by adhering to the five human values of Sathya (truth), Dharma (righteousness), Santhi (peace), Prema (love) and Ahimsa (non-violence). Where are these human values? They are not outside. All of them are within you only. It is most unfortunate that you search them outside, while they are very much within you. As long as you search for the reflections outside, you will not be able to recognise the object within. Divinity is immanent in you. Hence, you should consider yourself divine and proclaim, "I am God". Then, you will not have any fear or anxiety or delusion. So long as you do not realise your divinity within, you cannot get rid of body attachment.

There is no need to go on pilgrimages to search for God. God is present everywhere. Sarvatah Panipadam

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Tat Sarvathokshi Siromukham. Sarvatah Sruthimalloke Sarvamavruthya Tishthati (with hands, feet, eyes, head, mouth and ears pervading everything. God permeates the entire universe). Wherever you see. God is present there. There is no place where God is not present. There is no form which does not belong to Him. Man searches for God, thinking that He is at some distant place. But God is in front of you, behind you, beside you. All are the embodiments of God. However. you do not consider the people around you as embodiments of divinity. You look at their form and consider them as mere human beings. Forget the form. Be firmly established in the feeling that wherever you see it is God only. It is only He who provides everything for our sustenance. Hence, whatever work you undertake, consider it as God's work and dedicate it to Him. If you perform your actions as an offering to God, they will turn out to be pure and sacred. God is not somewhere in a distant corner. You are God. You are society. You are the world. You are the sky. You are the earth. You are the stars. You are everything. Hence, develop the feeling, "I am everything." You see duality in the world since you go by names and forms. If you see beyond names and forms, you will find unity everywhere.

All of you are the embodiments of the Atma. Being the embodiments of the Atma, why should you search for the Atma elsewhere? What is the meaning of Atma? The Atma denotes consciousness. Consciousness pervades everything. As long as there is consciousness in the body, it is nourished and protected. When consciousness leaves the body, it loses all its worth.

#### **Develop Purity and Goodness**

Supposing a boy and a girl decide

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to marry. After the marriage, the girl refers to him as her husband. Similarly, the boy refers to her as his wife. But, for how long? Only for some specific period, i.e., as long as they live together. Later, if either of them dies, one will not have any relationship with the other. Who is the husband and who is the wife? All these relationships are imaginary and transitory. Similar is the relationship between the mother and the son. The son addresses her as mother for a number of years. But when she leaves her mortal coil, the son wails over the dead body of his mother, saying "Oh! Mother! You have left me!" In fact, where has his mother gone? The physical body which he referred to as mother all these years is very much in front of him. If the physical body were to be really his mother, he could have as well kept it in his house; is it not? But, will he do so? Not at all! He takes the body to the cremation ground and cremates it. Hence, all these bodily relationships are only illusory and not real. These are like passing clouds. Only the Atma is eternal. Whatever may happen to the physical body, the Atma does not undergo any change.

All are the embodiments of God. Since we are deluded to think that God is separate from us, we undertake various spiritual practices to attain God. We think that Sravanam (listening). Kirtanam (singing), Vishnusmaranam (contemplating on Vishnu), Padasevanam (servingHisLotusFeet), Vandanam(salutation), Archanam (worship), Dasyam (servitude), Sneham (friendship), Atmanivedanam (selfsurrender) are the Sadhanas we are required to perform. But, what is Sadhana? Sadhana = Sa + Dhana. The letter 'Sa' in the word Sadhana implies Salokya (perception of the Divine), Sameepya (proximity to the Divine), Sarupya (identification with the

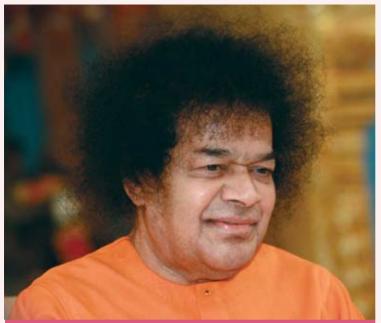
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Divine) and Sayujya (merger in the Divine). This is the Dhana (wealth) man has to acquire and treasure. But, man today is craving for Dhana (money) forgetting this 'Sa' consisting of Salokya, Sameepya, Sarupya and Sayujya. Every activity in the world today is centred Supposing you request around Dhana. someone to sing a song or do some work for you, he will immediately start bargaining the amount you will pay for his services. Every activity of man has become business today. so much so that business has entered the field of spirituality also. There is no necessity to purchase God with money which, of course, you cannot. In fact, you yourself are God. You vourself are the divine principle. You are endowed with immense divine power. But you have to keep your mind steady. Let it not iump from one thought to another. If you write correct answers in your examination, you will get correct marks. If you have a good mind, everything will turn out to be good. But if there are bad thoughts in your mind, the result will also be bad. First and foremost, understand the nature of your mind. You can understand the secret of human life only when you understand your own mind. Be Good, Do Good, See Good. Then everything will become good in your life. Be always good and tread the right path. Do not follow the wrong path by imitating others. Follow your conscience. If your heart is pure, everything will become pure and sacred.

#### Keep your Desires under Control

Embodiments of Divine Atma!

There is a limit for everything in this world. There is nothing without limit. In fact, the world is a 'limited company'. What will happen to the limited company if it crosses its limits? Hence, everyone should conduct himself within his



Aham Brahmasmi (I am Brahman). This should be the realisation of each individual. This realisation is the basis of the unity of Vyashti (individual), Samashti (society), Srishti (creation) and Parameshti (God). Without Srishti, there can be no Samashti, and without Samashti, there can be no Vyashti. But who is Vyashti? He is the embodiment of divinity which is present in all. Therefore, society, which is the conglomeration of individuals, is the collective form of divinity. Hence, all are equal in society.

limits. When a doctor prescribes a particular medicine to a patient, he also indicates the dosage. If the patient takes the medicine without regard to the dosage and exceeds the limit, he may contract another disease. Similarly, God has set a limit for every individual. But modern man has limitless desires. It is necessary that he keeps his desires within limits. He will be put to great danger if he exceeds this limit out of his ego. Whether it

is the individual or society or the world, all should observe the prescribed limits.

Man is born with many relations. like father, mother. relatives and friends. All these are created by the world. When he gets married, he has a wife. Later, he has children. Thereafter, he has grandchildren. Thus, his relations go on increasing without any limit. As the relations grow, his desires also grow without limit. Man will be happy if he reduces his desires. Less luggage, more comfort. Reduce your luggage. Develop courage and confidence. These are not the qualities you can borrow from others. You yourself have to develop them with patience and perseverance.

#### Embodiments of Love!

Sanctify your life by developing sense control. It is only because people have no control over their senses and no limit to their desires that there is a lot of unrest and agitation in society. Such people roam about freely in society like animals. You should not become

animals. Whenever some evil thoughts arise in you, you should remind yourself that you are a human being and not an animal. Anger is an animal quality. When animals get angry, they fight with one another. Unfortunately, today human beings are also fighting among

themselves like animals. In a way, animals are better than man today.

Animals have a reason and a season,

but man has no reason, no season. Thus, man today is behaving worse than animals. Being a human being, you should cultivate human qualities. In fact, a human being should not get angry at all! Even if anger overpowers you, you should try to become calm and quiet. Do not lose your cool. When you cultivate calmness, you will never become agitated and restless.

Peace is within you. It cannot be found outside. Outside, there are only pieces. Similarly, happiness is not outside. Many people come to Swami and pray, "Swami, I want peace of mind." I tell them that they have to search for peace within themselves. I am always full of peace and bliss. What is the reason for loss of peace in man today? His desires are the basic cause of his restlessness. Where there are desires, peace disappears from there. Therefore, reduce the luggage of your desires. Then you will have less burden in life.

#### Do not Allow Evil Qualities to Enter your Heart

Embodiments of Love!

All of you know that man has to adhere to the path of truth. He should never adopt the path of untruth under any circumstances. Whatever happens in your life, think that it is good for you. Even if someone criticises you, you should think that it is good for you. If you consider everything good, then everything will become good for you. God is not outside, He is within you. Similarly, Sathya, Dharma, Santhi, Prema, Ahimsa are not outside. They are within you. When you get angry, you lose your peace. Therefore, you should always remain peaceful and blissful. Being a human being, you should have human qualities. A true human being is one who is suffused

with Sathya, Dharma, Santhi, Prema. When you develop these human qualities, you will enjoy peace at all times. Then you will always have a smile on your face. But when the mind is disturbed, you cannot have peace.

You are not a mere human being. There is divinity immanent in you. Realise this truth. As long as you consider yourself as an ordinary human being, you cannot escape from restlessness. Changes occur in you due to your food and conduct. Sometimes, some bad qualities like anger and jealousy arise in you. But you should not give scope to these evil qualities. Suppose, you build a house and fix doors in it. Simply because you have fixed doors in your house, will you allow all sorts of animals and insects like donkeys, pigs, snakes and scorpions to enter your house? Not at all! Even if they try to enter, you will at once close the door. Similarly, control is the door of your heart. If you close the door of the heart on evil qualities, they cannot enter it. You should not get angry with anyone, nor criticise or harm anyone. If, for any reason, such circumstances arise, control yourself. When anger overtakes you, put it down immediately considering it as your enemy. It is said, anger is your enemy, patience is your shield of protection, happiness is your heaven. Fill your heart with love and compassion. If you have love in your heart, you will see God everywhere. Bereft of love, you will see only devil. When you develop firm faith that God is in you and you are God and that your body itself is the temple of God, then there will be no scope at all for anger, jealousy, pride, etc., to trouble you. Hence, Bangaru! Develop love and compassion.

God is your sole refuge wherever you may be,

In a forest, in the sky, in a city or a

village, on the top of a mountain or in the middle of deep sea. (Telugu Poem)

Truth is unchangeable, irrespective of time and place. Wherever you are, truth is truth, love is love! If you have love, truth will automatically become part of you and vice versa. You are all born with love. But unfortunately as you grow up, the love in you gradually starts declining and hatred and jealousy begin to increase. Jealousy is a very bad quality. It will harm not

only others, but it will cause harm to you as well. Hence, do not at all give scope for such evil qualities. Strive to cultivate good qualities like love and truth. Then only can you experience uninterrupted peace.

(Bhagavan brought His Discourse to a close with the Bhajan, "Prema Mudita Manase Kaho Rama Rama Ram ...")

 From Bhagavan's Divine Discourse in Sai Ramesh Krishan Hall, Brindavan (Whitefield), Bangalore on 2nd May 2006.

#### ... Continued from page 229

say with conviction, "I am I". You have no other name or form except this. You should develop this spirit of oneness. Do not identify yourself with the name given to your body. Your real name is 'I', 'I', 'I'. 'I' is the ultimate reality which remains with you for ever. So long as you have the body, people may call you by your name. When the body is gone, what happens to the name? In fact, you are not one person; you are three: the one you think you are, the one others think you are, the one you really are.

#### Embodiments of Love!

You are all filled with love, devotion and truth. Therefore, you are all embodiments of God. Never forget love. Imprint it on your heart and assimilate it. Do not feel bad that Swami did not speak to you during the last three days. Swami was always ready to speak to you. But the organisers did not provide any opportunity for Swami to speak. Otherwise, I would have spoken to you on all these three days at length (loud applause). I am happy to receive the love of all of you. It is your good fortune that you are the recipients of My

love. The bond of love is the only relationship between you and Swami. All are born in love, are sustained by love and live in love. Never forget love; imprint it on your heart.

(Bhagavan sang the Bhajan, "Prema Mudita Manase Kaho Rama Rama Ram ..." and continued the Discourse.)

It is out of love for you that I have given this Discourse and sang the Bhajan. Your love is reflected in Me and My love is reflected in you. I accept your love and shower My love on all of you. Love is most important for all. Love is the binding force between all of us. Without love there can be no relationship, not even between mother and child. The love that exists between you and Swami is greater than even the love that exists between a mother and her children. Swami wishes you a happy and blissful life.

 From Bhagavan's Divine Discourse in Sai Ramesh Krishan Hall, Brindavan, Whitefield (Bangalore) on 21st May 2006 on the occasion of the Kerala Youth Camp.

### ASHADI EKADASI AT PRASANTHI NILAYAM

SHADI EKADASI IS CELEBRATED on the eleventh bright day of the month of Ashad (a month in Indian calendar). On this day, groups of Varkaris (pilgrims) from various parts of Maharashtra

reach Pandharpur. the abode of Lord Vitthal and offer their obeisance to the Lord. The journey performed by Varkaris with devotional singing and dancing while carrying the Dindi (palanguin) of the Lord is symbolic of the journey of life, which has attainment of the Lord as its goal. The devotees of Bhagavan from Maharashtra and Goa celebrate this sacred and colourful festival with great devotional fervour every vear at Prasanthi Nilayam in the Divine proximity of Bhagavan and offer their homage to Him on this sacred day. Traditional Dindi Yatra along with singing and dancing of Varkaris as also several illuminating cultural

and musical programmes mark the celebration of this festival at Prasanthi Nilayam.

#### Dindi Yatra and Varkari Dance

This year, this function was celebrated on 7th July 2006 at Prasanthi Nilayam. The venue of the celebrations was Sai Kulwant Hall which was aesthetically

bedecked with flowers. There were special floral decorations on the dais, the centre of which was adorned with a beautiful idol of Lord Vitthal. Several banners in the Hall displayed the teachings of Bhagavan and the theme

of the cultural programmes that were organised by the Bal Vikas children and Youth Wing of the Sai Organisation of Maharashtra and Goa on this occasion. As Bhagavan came to Sai Kulwant Hall on the morning of 7th July 2006 at 7.15 a.m., He was offered a traditional welcome the Bal Vikas children and Youth Wing of Maharashtra. After showering the bliss of His Divine Darshan on the huge gathering of devotees in the Hall, Bhagavan came to the dais and inaugurated the programme at 7.30 a.m. by lighting the sacred lamp amidst a thunderous applause of devotees.

A welcome song played on the public address system then

offered homage to Bhagavan in these words: Phir Ashadi Aayi Hai ... Swagat Tumhara Sai Hai ... Kitni Khushiyan Layi Hai ... Puttaparthi Nagariya Hamari ... Yahan Pandharpur Ka Sai Hai ... (Ashadi has come again ...

Welcome Lord Sai ... How much joy it has brought to our Puttaparthi ... the Lord of Pandharpur is present here).



The beautiful idol of Lord Vitthal adorning the dais in Sai Kulwant Hall.



Varkaris in their traditional dress performed a lively dance to the tune of a sweet song in praise of Lord Vitthal.

At the same time, the Varkaris brought the Dindi (palanguin) with the idol of Lord Vitthal in the centre of the Hall. As a mark of traditional worship, one of them offered a Tulsi (basil) garland to Bhagavan. Thereafter, the Varkaris performed a lively dance. The entire Hall reverberated with music and songs rendered by them in praise of Lord Vitthal. These Varkaris had the Divine Darshan of Bhagavan after performing a journey from Dharmavaram to Puttaparthi on foot, and doing Narayana Seva and organising medical camps in the villages on the way for three days.

#### The Divine Commandment

This was followed by a musical entitled "The Divine Commandment" comprising a cast of more than 300 boys and girls of Bal Vikas and Youth Wing of Mumbai, Maharashtra. The play held a lively debate between man and animals and presented a befitting commentary on the unethical ways of man and his exploitation of animals and Nature at large. In the end, man was reminded of the divine commandment of 'I am I' which made him realise his divine nature. The organisers deserve kudos for the enormous job of presenting more than 300 children in proper make-up of animals

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An interesting and illuminating debate between man and animals was depicted in the drama "The Divine Commandment". The picture shows one of the scenes of the drama.

of different varieties and other characters included in the play. At the conclusion of this very illuminating and educative play, Bhagavan blessed the children and distributed clothes to them. The programme came to a close with Arati to Bhagavan at 9.30 a.m. In the end, Prasadam was distributed to all

#### The Ten Commandments

In the afternoon, Bal Vikas children and Youth Wing of Maharashtra presented the drama entitled "The Ten Commandments" in the Divine Presence of Bhagavan. Depicting the story of Moses who was sent by God to liberate the Hebrews and lead them to the Promised Land, the drama underlined the eternal bond between man and God. As exhorted by God, Moses ascended Mount Sinai and received the Ten Commandments from God in two tablets. The conclusion of the drama was that the teachings given in these Ten Commandments were similar to the teachings of Bhagavan Sri Sathya Sai Baba, who has incarnated on earth in this era to teach these eternal values to man. The drama which started at 3.35 p.m. came to a close at 4.40 p.m. After Bhajans, the afternoon programme concluded at 5.20

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The drama "The Ten Commandments" recreated the story of Moses and depicted eternal values for man's redemption.

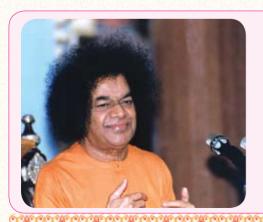
p.m. with Arati to Bhagavan. Prasadam was distributed to all in the end.

#### **Musical Presentations**

As part of Ashadi Ekadasi celebrations, Sri Sathya Sai Seva Organisation of Maharashtra and Goa organised a number of programmes of devotional music to the delight of the devotees at Prasanthi Nilayam.

The first programme was vocal devotional music presented by the renowned Carnatic vocalist Sri Krishnamurthy of Mumbai on the morning of 8th July 2006. The programme comprising popular devotional songs in praise of Guru and Lord Vitthal was appreciated and applauded by the audience. Bhagavan graced the occasion by His Divine Presence and blessed the artiste at the end of the programme and also materialised a gold chain for him. The programme that started at 8.20 a.m. came to a close at 8.55 a.m.

There were two music programmes on the afternoon of 8th July 2006. The first programme was a Jugalbandi and the artistes who provided this most captivating music were Sri Sunil Kulkarni on santoor and Sri Sudhir Phadke on sitar. The programme began in the Divine Presence of Bhagavan at 3.25 p.m. and concluded at 3.50 p.m. Bhagavan blessed the artistes at the end of the programme. He also created a gold ring for one of the artistes. The second programme was presented by the famous playback singer Ms. Richa Sharma who began the programme with Guru Vandana, and enthralled the audience with a few popular devotional songs. Bhagavan blessed the artiste and also materialised a gold necklace for her. This bonanza of musical presentations on the occasion of the sacred festival of Ashadi Ekadasi came to a happy conclusion with this enchanting presentation.



You cannot destroy anger by anger, cruelty by cruelty, hatred by hatred. Anger can be subdued only by forbearance; cruelty can be overcome only by non-violence; hatred yields only to charity and compassion.

— Baba

### THE WAY TO SELF-PEACE

"Sai Baba's teachings go exactly with the Quran. As I have written in my book 'A Journey to Self-Peace', all His Discourses are matching with the Quran. I have made a comparative study between the Quran and Sai Baba's teachings. They are the same," said Dr. Abdelfattah Badawi, Scientific Consultant for Ministry of Military Production, Egypt and author of many books in Arabic and English, in reply to a question of Dr. G. Venkataraman.

AI RAM, DR. ABDELFATTAH
Badawi and welcome to you, sir. We
are all eager to know something about
yourself. After that, I would like to know, how
you happened to come here. You told us just
before we started this recording that this was

your 6th or 7th visit to Prasanthi Nilayam. I somehow missed you in your earlier trips. So, please tell us how you came to Baba. Over to you.

As a matter of fact, I am a scientist. I am now 70 years old. I am in the field of Applied Organic Chemistry. I was in the Egyptian Armed Forces for 20 years. Then I left the Armed Forces as Brigadier and I went to Saudi Arabia for 10 years as Professor of Chemistry. Then I

was appointed as Professor of Chemistry in Egyptian Petroleum Research Institute (EPRI). For the last four years, I have been working

as Scientific Consultant for Ministry of Military Production, Egypt.

How I came to Sai Baba is a very interesting story. Since my youth, I liked mysticism and Sufism. Even when I was in Saudi Arabia, I brought books from Europe and America

about Sufism. When I came to Egypt finally in 1988. I tried to find Sufi ways because as you know Shirdi Baba was also a Sufi. I attended many Sufi ways. In 1996, I read a book about Shirdi Baba, In about half a page, an Egyptian writer wrote that there was a proof for reincarnation. Shirdi Baba is well known in India for His miracles. He declared that there would be another incarnation eight years after He shed His mortal

I discovered in Ramadan, the holy month, seven verses in the Quran about "Remember God often (always)". Nobody has discovered this from different parts of the Quran. I made a book in Arabic. As Swami says, "Remember God often (always)"; it has been written seven times in verses in the Quran. There are many verses on human values – truth, righteousness, peace, love and non-violence. Many of the teachings of Swami are in the Quran. There is no contradiction at all.

coil. It attracted me then, but I forgot about this book for one year. I tried to get some books from America. I had a big catalogue and one of the pages was about Sai Baba. I remembered to have seen this name in an Egyptian book one year ago. I saw about 40 books and chose Phyllis Krystal's book "The Ultimate Experience" and another book "Sai Baba – the Holy Man and the Psychiatrist" by Dr. Samuel Sandweiss. After I read these two books, I became very interested to see this personality.

I wanted to know about Indian culture and I asked the Indian Culture Attache in Cairo. He told me, "You can attend Yoga courses here in our centre." I attended the Yoga course. The first course was by an Indian teacher. He was just coming from India after vacation. I asked him, "Do you know Sai Baba?" He said, "What do vou mean? There are two Sai Babas. One was in Shirdi and there is another one now." I asked him, "Are you sure?" He said, "Yes, I am coming from Hyderabad. Sai Baba is living in India. I know." I went back home and thought deeply, asking Sai Baba to show me His miracles. After 3-4 days, I received a telephone from a scientist in America whom I had met in Stockholm. He said that he was coming to attend a scientific conference in Cairo. He was an Indian, but he got American citizenship. When we were having lunch together, I asked him about Sai Baba. Another Indian scientist said, "I am a devotee of Sai Baba," He was Dr. Neelakanta from Madras (Chennai). I asked, "Where is your hotel? I would like to meet you." I met him in hotel Cleopatra in Cairo and I told him that I wanted to see Sai Baba and requested him to direct me. He told me to come to Madras. I told him that I could not tell in my Institute that I was going to see a mysterious man. I told him to send me invitation to attend a scientific conference. Then it would be acceptable. He said, "Okay". I gave him a picture of 49 names of Allah to be given as

a gift from me to Sai Baba. Then he sent me an invitation to attend a scientific conference in Madras. My Institute approved it and I flew to Madras. This was in March 1996. He said, it was best to fly from Madras to Bangalore, book a hotel in Bangalore and take a taxi to Brindavan, Whitefield. It was very close. It happened. I got a room in a hotel in Bangalore. I told them that I wanted to go early in the morning to see Sai Baba. They arranged a taxi for me to go to Brindavan.

Once we reached Brindavan, the driver asked me to take off my shoes and come after him. I was very tired because I did not sleep well in the night and had back pain. I waited for half an hour. Suddenly, somebody told me to go in a row. There were Bhajans; it sounded like Sufi songs. After some time, I saw a holy man in red robe coming in between the rows. When He came in front of me, I felt some energy in all my body. Then I saw Him materialising Vibhuti for a lady on the other side. I went back to my hotel and said to myself that I should be close to Brindavan and could not come everyday from there. So, I got a chamber in a house of some Italian devotees. In my room, there was a photo of Sai Baba. I was suspecting how He could prove Himself. The second day, I was with an Indian devotee. We went together to the Hall and Sai Baba was sitting there. As a scientist, I did not have complete trust in God. You know scientists are materialistic. I wanted some proof. For the first time in my life. I saw an aura around Sai Baba's head as He was standing. I thought I had something in my glasses and removed them. I started shivering. It is said, Jesus and Mary had an aura around their face. I realised that this man was not an ordinary person. I did not see that aura around Sai Baba's face after that. He can show it to anybody He wants.

Then I went back and wrote a letter. They say that if He takes the letter, the problem will be solved. I had some family problem since three vears and I asked Him to solve the problem. I was lucky: He came near me and took the letter. I went back to Egypt, my home. After three weeks, my family problem was solved. Then I thought of writing a book about Him in Arabic, I had some books: I collected from the Ashram many books. I wrote the book, "Sai Baba and His Miracles". It took about one month. I felt something directing me to finish the book within one month. I wanted to show the book to Sai Baba and get it blessed by Him. I came to Brindavan. Somebody said that Sai Baba had gone to Kodaikanal. I was upset. I was hesitant whether to go or not. One Italian devotee told me that it took about 12 hours to go to Kodaikanal. We went together to Kodaikanal. We went early in the morning and sat in a row. Sai Baba came. I was not conscious, but the Italian devotee told me, "Congratulations, Sai Baba has blessed your book." I was very happy. I went back home and published the book and within 6-7 months I got exactly the same amount of money I had invested on the book. All of a sudden, I was told that there were religious people in the headquarters of Azhar in Cairo who attacked me in a leading newspaper about this book. They said, it was against Islam and how I could say there was a religion of love. "What is the meaning of religion of love?" they asked. I was astonished. Anyhow, I brought the book to Brindavan and Swami blessed it again. We have this book in the library. I was afraid. I wrote a letter, praying, "Please Baba, do not put me in a critical situation." They said that they had removed the book from the book shop. We have an annual exhibition. I went to the annual exhibition and found

He told me, "I don't want devotion to Me, I want devotion to My teachings."
This is most important. Love your religion with devotion. Love God. As a matter of fact, I felt as if a Muslim was saying this. I felt complete heart transformation. Now I feel, God is always inside me, every moment, every minute. It was not like that before really. I feel self-peace. People

the book as it was. As a matter of fact, it was

around me are restless, troubled, full

of tension, but I am happy, peaceful.

finished. 1000 copies had been sold out. Then I came again. I stayed for one month. I was eager to have an interview with Sai Baba. But I was not successful.

I don't know how it was arranged with professor of surgery in Alexandria, but when I told him, he said he was interested to see Sai Baba. Another professor in the faculty of medicine also became ready. All of a sudden, we were nine. It was in 2001. We came in two groups in two different flights. We came to Puttaparthi and were sitting in Darshan line. Sai Baba came but did not look at us nor did He take any letter from us. The second day, the other group came. We became nine now - five ladies and four gents. We went early in the morning for Darshan. Sai Baba came and put His hand on my head and on the book. Dr. Wadiyar, an 80 years old dentist, said, "Interview." Swami asked, "How

many?" I said, "Nine." He said, "Go." I was very happy. We went inside the interview room and sat, gents on one

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side and ladies on the other. There was a lady from Belgium and her husband, and I saw right in front of me Swami materialising a necklace which He gave to her. Then He looked towards the husband and said, "You are jealous!" He materialised a gold watch with the initials of his name and gave it to him. Then He asked the Egyptian group to go to another room. When I was in Egypt, I wanted to ask Sai Baba, when I shall leave this world. He looked at me and asked, "How old are you?" I told, "65". Then He asked, "How old is Swami?" I knew there was ten years difference. His year of birth is 1926 and mine 1936. I told, "75, Swami." I thought, may be this is the answer to my question. Anyhow. Then He said, "Show Me your book." He read the book page by page. Then He asked me to give my pen. He signed the book, "With Love." I told Him that I wanted to name the book "Sai Baba and Peace". He said. "No name. Don't mention My name." This was the advice from Him and He was truthful. I told Him that I had been attacked in Egypt by a leading newspaper. He said, "I know, I know." After the interview, He blessed on my head and materialised a watch for an Egyptian lady. One of the ladies had a dream in Cairo that she would get a robe from Sai Baba. He went to another room and brought a robe for the lady, about which she had a dream. Then we went to Egypt and I named the book "A Journey to Self-Peace" without mentioning the name of Swami at all. But the book contained His Discourses about love.

That is very nice. You have told us many interesting things. Just for your information and may be for the information of listeners, I would like to mention something that Swami told me many years ago. It was around 1997 or 1998. One day, I was alone with Him in the afternoon in His room. He had come for

Darshan. He said, "Do you know who was with Me this morning?" I said, "I don't know because I had gone for work." I was the Vice Chancellor of the Institute then. He said, "There was a group of Iranians and they wanted Me to teach Gayatri Mantra to one young boy. I told them, No. No. There is no need for that. Everything is there in your religion. Read the Quran and be faithful. Be a good Muslim, not just a Muslim." Then He told me if they went to Iran and chanted Gayatri Mantra, they would all be in trouble. So, He asks each person to be faithful to his religion. That is what I wanted to tell you. In this way, He is very much concerned about the safety and well-being of all.

Yes, He told me, "I don't want devotion to Me, I want devotion to My teachings." This is most important. Love your religion with devotion. Love God. As a matter of fact, I felt as if a Muslim was saying this. I felt complete heart transformation. Now I feel, God is always inside me, every moment, every minute. It was not like that before really. I feel self-peace. People around me are restless, troubled, full of tension, but I am happy, peaceful.

I want to ask you a question. You said you are a scientist and therefore a bit sceptical, which I understand because I have also studied science and worked as a scientist for many years. Did you study the Quran?

Yes, I have read the Quran.

The Quran is the word of God. Do you believe in God?

I believe in God.

Now comes the question. Most scientists do not believe in God. I want to know if there is any contradiction between your pursuit of science and belief in God.

As a matter of fact, scientifically the right side

in the brain is spiritualism and God spot, and the left one is science; between them there is a corpus. There must be harmony between the two. If you are a scientist, you must be a spiritualist and if you are a spiritualist, you must be a scientist.

So, you do not see any contradiction. That is very nice. There was a very famous physicist by name Abdul Salam. He once came to India and I went to receive him. He was a very devout Muslim. One day, a western scientist asked him, "You are a scientist. How can you believe in God? Is it not a contradiction?" There came the amazing reply. He said, "Where is the contradiction? Science is all about the outer world and God is all about the inner world."

Now, you have studied the Quran. I do not know much about Islam. I would like to ask you as a layman a question that many people would like to ask if they have a chance. Do you think that Sai Baba's teachings are consistent

Yes, very good.

with the Quran?

Sai Baba's teachings go exactly with the Quran. As I have written in my book "A Journey to Self-Peace", all His Discourses are matching with the Quran. I have made a comparative study between the Quran and Sai Baba's teachings. They are the same.

I expected this answer from you, but I wanted you to say because you have the authority to say that. Can you take one small aspect of the teachings of the Quran and for our benefit compare it with the teachings of Sai Baba?

The most important aspect is the human values. The Quran emphasises good conduct; it has been written in many verses. I want to tell you something. Nobody knows. I give it to you now. I discovered in



As a scientist, I did not have complete trust in God. You know scientists are materialistic. I wanted some proof. For the first time in my life, I saw an aura around Sai Baba's head as He was standing. I thought I had something in my glasses and removed them. I started shivering. It is said, Jesus and Mary had an aura around their face. I realised that this man was not an ordinary person.

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Ramadan, the holy month, seven verses in the Quran about "Remember God often (always)." Nobody has discovered this from different parts of the Quran. I made a book in Arabic. As Swami says, "Remember God often (always)"; it has been written seven times in verses in the Quran. There are many verses on human values – truth, righteousness, peace, love and non-violence. Many of the teachings of Swami are in the Quran. There is no contradiction at all.

You mentioned the word 'peace'. I would like to ask you a question about peace. You see wherever we turn in the world, there is a lot of conflict. Particularly in the Middle East, which is the birthplace of three religions – Judaism, Christianity and Islam. Leaving politics aside, let us accept the fact that there is a lot of violence and conflict. Now if we tell the people that the only way to resolve conflicts is by following the path of love and peace since violence begets violence and revenge begets

revenge, people call us foolish. What would you say to such people who do not believe in the path of love and peace? In other words, do you believe peace and love can solve the problems?

Of course, as a matter of fact what is the difference between animals and human beings? Violence is an animal trait. Human beings should be loving and peaceful. In the golden age, I think there will be a better world. In the Second World War, millions and millions were killed. Now there are no such wars as First World War and Second World War. People have developed more and more understanding of love and peace. I think this era is going to be a golden age.

I hope so, because there is one other thing that has happened; as you know, Russia and America are no longer enemies. They have decreased their nuclear arsenal which we did not believe those days, and we were terrified to think that the world was going to meet its end. May be you are right, the golden age will come.

I think so because one day human values will be taught in the Middle East.

But the human values must be in the Quran already.

They are already in the Quran. There are some conflicts between Christians and Muslims. But human values are not related to religion. It is higher spiritualism to be human. It must be taught to the young people. I have a book in Arabic, which is just finished, "Peace for a Better World". I will put this chapter about human values. I hope the wife of our President Mubarak would write a foreword for this book and this could be taught in schools. This is a very firm religion.

One question about Swami and Egypt. How many people in Egypt know about Baba? Once in a while I see people from Egypt wearing scarves. Are there many people in Egypt who know about Baba?

No, unfortunately. There are not many people in Egypt who know about Sai Baba.

What particular teaching of Baba appeals to you most?

Love. Devotion to God makes me love people, love everything because I feel love in the whole cosmos. You know nuclei and electrons get attracted by a power about which nobody knows. That is the power of love. To be human is to be full of love. This is most important, the key for everything.

Well, I must thank you for sparing us your time. You have stressed the most important aspect of Swami, which is love. Love transcends everything. It goes beyond caste, creed, colour, race, religion, gender and everything. There is no age barrier also. I am glad you have discovered love through the path of Sufism. Sufism finds resonance equally in other religions also.

It is Bhakti Yoga.

Exactly, you have used the right word. Sufism is nothing but Bhakti Yoga and it talks about evolving through various stages.

I am lucky, I visited Shirdi last year. I was very happy to be there. I felt attracted to Him. I have many books about Him. He is the same, love, love, love.

Courtesy: Radio Sai Global Harmony

Of what avail is it if you simply worship My name and form without attempting to cultivate My Prema, Santhi, Sahana, Samatwa and Ananda (love, peace, fortitude, equanimity and bliss)?

— Baba

### NEWS FROM SAI CENTRES

U.K.

NATIONAL MEDICAL Conference was held in London on 21st May 2006 on the theme "The Humanisation of Medicine." The purpose of the conference was to draw attention to healthcare mission of Bhagavan Sri Sathya Sai Baba. The first speaker was Sri Ishver Patel, Central Coordinator of Sathya Sai Organisation in the U.K. and Ireland. He described the activities undertaken by Sai physicians in the world: the international medical camps, the General Hospital rotations and the medical activities in the U.K. and Ireland. The next speaker was Dr. Suresh Govind, an infectious diseases specialist. He said that the humanisation of medicine required the practice of harmony of thought, word and deed in daily life. By attending medical camps in deprived areas, doctors themselves would gain tremendously because they would gradually develop an attitude of compassion and love towards each individual they treated.

The next speaker was Dr. Puvanachandra, member, International Medical Committee. He spoke on the Prasanthi General Hospital rotations for physicians. As part of his talk, he gave a detailed background of the evolution of the hospital, a succinct synopsis of the criteria for enrolling on the roster and the benefits to be gained by working in the Temples of Healing built by Bhagavan, the Supreme Healer. He was followed by Sri Ajit Popat who asked the audience not to dwell on achievements but, rather, on that which had to be achieved.

He advised that since one was unable to make everyone happy, it was best

to endeavour to make the Lord happy.

Another member of the International Medical Committee, Dr. Surendra Upadhyay, recalled numerous anecdotes about medical camps, experiences with Sai Baba and about the late Mother Teresa. Ms Urvi Shah outlined the whole process from pre-camp, receiving the request from the host country, right through to the cataloguing of boxes and their contents that accompany the team. The next speaker was the National Service Coordinator, Sri Bharat Handa, who spoke on service activities in the United Kingdom and explained the key aspects of selfless service. He was followed by Professor Keith Critchlow, the architect of the Super Speciality Hospital, Puttaparthi. He spoke on 'Temples of Healing and the Divine Architect'. He also showed photographs of the very first sketch of the Puttaparthi hospital. It was remarkable how the initial sketch was identical to the finished hospital. Inspired by a view of Swami's embrace, as seen from above. drawing patients into His heart, the wings of the building reached out to wrap around those who approached. The conference concluded with a comprehensive summary by Ms. Shobhna Patel, the chairperson of the Sathya Sai Organisation of the United Kingdom.

#### **NEW ZEALAND**

The tropical islands of Fiji have been the venue in the past of several large medical camps conducted by Sai devotees of Australia, New Zealand and Fiji. More recently, a group of physicians, dentists, nurses and volunteers

from New Zealand together with physicians and volunteers from Fiji held five medical camps from 19th-

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23rd March 2006 under the auspices of the Sathya Sai Organisation. The Sai medical team carried with them 29 cartons of medical supplies including medications and 3 cartons of used prescription glasses.

The first camp was held in a Sai school in Drasa near Lautoka in the island of Viti Levu and was staffed by nine physicians, a pharmacist and 14 volunteers from New Zealand, together with six physicians, a dentist and an optometrist from Lautoka, Fiji. In this camp, about 530 patients were examined. Health screening was provided as well as prescriptions as needed. Referrals were made to the local hospital for more serious cases. The second camp was held in a local



Sai Organisation provides generous loving care with free medication to patients in their medical camps. Five medical camps were organised in different parts of Fiji from 19th to 23rd March 2006.

school in the village of Waikele in the island of Vanua Levu. Here the New Zealand team was joined by four Fijian medical personnel. Divine intervention by Bhagavan permitted the team to fly to this camp from Lautoka. In this camp, 550 patients were examined and about 800 prescriptions filled. The third camp was held in Lekutu



Free medical camps organised by the Sai Organisation in Fiji attract a large number of patients.

village in Vanua Levu. Some patients travelled 100 kilometres to reach the camp. In all, 610 patients were seen, 900 prescriptions were filled and 60 tooth extractions were carried out. The fourth camp was held in a school in the village of Seagaga in Vanua Levu where 650 patients were seen and 900 prescriptions filled. The fifth and last camp was held in the Naleba School near Labasa. In this camp. 910 patients were seen and 1,200 prescriptions filled. Residual medical supplies at the end of the camps were donated to the local medical centre at Lekutu village. Scores of patients remarked that the best service provided in the camp was the generous loving care rendered by all. In one of the schools, the headmaster made a speech about the magnanimity of the medical team and the deep gratitude of the local people. He said, "Surely, God has sent you and you bring with you His love."

#### SULTANATE OF OMAN

Over the last three years, Sai devotees in Oman have been making major strides in instilling Sathya Sai Human Values in the schools in Oman. The momentum of this effort has taken the education of

Sathya Sai Human Values to several



Spreading Sathya Sai Human Values in the Sultanate of Oman. A cultural programme on Human Values organised by the Sathya Sai Organisation of Oman is seen in the picture.

schools throughout the Sultanate including Arabic and bilingual schools and to the local non-Indian Omani population. Over the last three years, the Sathya Sai Organisation under the banner SAI (Serve And Inspire) has been conducting Sathya Sai Human Values education contests nationwide with the full cooperation and sponsorship from the leading newspaper "The Times of Oman" and the Ministry of Education. The event is called "Spreading the Light through Human Values."

On 13th April 2006, the Fourth Sathya Sai Human Values contest was held in which 2,020 students from 103 schools registered. Earlier, every year from 2003 to 2005, the first, second and third contests were conducted in which 579 students from 39 schools, 1,105 students from 86 schools and 1,059 students from 94 schools registered, respectively. Approximately, 100% increase in the number of registrants in the last year alone shows the increasing awareness of the Sathya Sai Human Values programme among the people in this region. In the contest held this year, the SAI group made a presentation to the audience of the service projects undertaken in Oman by Sri

Sathya Sai Baba Organisation. The event was inaugurated by Dr Muna bint Salim Al Jardany. Sri Essa Mohammed Al Zadjali, Founder and Editor-in-Chief, The Times of Oman Group, expressed his joy to see so many children from all parts of Oman. Dr Madiha Ahmed Nasser Al Shibani, Deputy Director General, Ministry of Education, applauded the cooperative working spirit among the students from Omani government, bilingual, special education and international schools. The event was widely covered in the local and regional newspapers such as "The Times of Oman", "Al Shabiba", "Oman Daily Observer", "Oman Tribune" and "Khaleej Times" as well as Radio Oman FM. It is noteworthy that the "The Times of Oman" carried a special cover story on Sathya Sai Human Values.

#### U. S. A.

A medical camp was organised by Sai devotees in Baltimore, Maryland on 17th June 2006. Sixteen medical personnel and 44 volunteers saw 90 patients and screened them for hypertension, diabetes mellitus, mental health, visual impairment and glaucoma,



Medical experts provided free screening and medication to patients in a medical camp organised by Sai devotees in Baltimore. Maryland, USA on 17th June 2006.

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dental pathology, lead exposure, paediatric health, malnutrition and health education. In addition, free CPR training was provided with certification for 6 registrants.

A free mammography camp was conducted by the Sathya Sai Organisation in St. Louis, Missouri on 11th June 2006 at the Our Lady of Guadalupe Catholic Church. Mammography equipment was donated by the Barnes Jewish Hospital, under the guidance and support of the Siteman Cancer Centre, Mallinckrodt Institute of Radiology, and Susan G. Komen Breast Cancer Foundation. The day began with a silent prayer to Bhagavan at the church. Thirty four women underwent a mammogram. Health education and breast self-exam was taught to the attendees. An interactive educational presentation with posters and flip charts on osteoporosis, heart disease, nutrition, cancer of breast and cancer of cervix was given. Handouts were given both in English and Spanish on women's health issues. The camp was visited by the Director of the Health Unit of St. Louis County who applauded the efforts of the Sathya Sai Organisation.

- Prasanthi Council

#### BHARAT

Andhra Pradesh: Khammam district distributed Amruta Kalasams (food provisions) to 34 needy families in Katkur village on 4th June 2006. Each family was given 4 kg rice, 1 kg edible oil, 1 kg Dhal along with utensils and clothes. This district distributed school uniforms to 179 needy students of various schools situated along Palavancha Town on 18th June 2006.

As part of Grama Seva being carried out in Somaram and Rukumpally villages, Ranga Reddy district conducted a series of medical camps in June 2006, treating 998 patients of different ailments. The district also conducted two free veterinary camps, treating 851 cattle.

11 Samithis of the district conducted water distribution centres for two months in summer season.

East Godavari district conducted two mega medical camps in Bodaluru and Addathegala tribal villages and treated 1,450 patients of various ailments, and also gave the necessary medicines free. The district selected three poor patients from Bodaluru and eight from Addathegala and got them operated at Rajahmundry.

Prakasam district arranged a function in Guntapalli village on 11th June 2006 to hand over 28 newly-built houses to the beneficiaries.

Jammu and Kashmir: Sri Sathya Sai Seva Organisation of Jammu and Kashmir organised the cleaning of the premises of the Kheer Bhawani Temple in Ganderbal Tehsil on 28th May 2006. Narayana Seva was also performed in this temple on 29th May 2006, wherein Prasadam was distributed among hundreds of visiting devotees.



About 400 animals were examined and treated in various villages of Doda district in the veterinary camp organised by the Sai Organisation of Jammu and Kashmir on 17th and 18th April 2006.

A free veterinary camp was organised on 17th and 18th April 2006 at Bhadarwah in Doda district. About 400 animals of Manthala, Shohanta, Panwara and other adjacent villages were examined and vaccinated against foot and mouth disease. The poor people of this area thanked the Sai Organisation for arranging free veterinary camp in this area for the third consecutive year. This has resulted in the complete eradication of the hazardous foot and mouth disease of the domestic animals.

Tamil Nadu: Sri Sathya Sai Seva Organisation. Tamil Nadu organised a series of medical



Medical camp held at Sai Sruthi, Kodaikanal by the Sai Organisation of Tamil Nadu on 6th May 2006.

camps at Sai Sruthi, Kodaikanal. A general medical camp was held on 6th May 2006 on Easwaramma Day. Seven doctors examined 287 patients and gave free medicines to them. The patients also participated in Bhajans held in the Bhajan Hall. At the conclusion of the camp, Narayana Seva was performed wherein food and clothes were distributed to the needy people.

An extensive eye screening camp was organised at Sai Sruthi with the participation of

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senior eye surgeons from Arvind Eye Hospital, Theni district on 18th June 2006. The number of patients screened was 501, out of which 42 patients were operated for cataract at Arvind Eye Hospital and 92 patients were advised to wear spectacles. 367 were treated as out patients. The camp concluded with Narayana Seva

A mega medical camp on "Diabetes Awareness and Prevention" was organised at Sai Sruthi, Kodaikanal on 15th and 16th July 2006. The facilities made available at the programme were: blood glucose screening and BP recording, consultation, retinopathy testing, health education classes, neuropathy testing, diet exhibition and distribution of educational materials. The programme commenced with Bhajans in the main prayer hall of Sai Sruthi at 9 a.m. on 15th July 2006. The patients started queuing up for registration much earlier. A total of 900 patients were screened during this two-day programme. The break-up of screening were as follows: known diabetic cases 309, new diabetic cases 19, borderline diabetic cases 86 and non-diabetic cases 486. Narayana Seva was performed on both the days. All were given Bhagavan's photograph and Vibhuti Prasadam.



Patients being provided awareness in the medical camp on "Diabetes Awareness and Prevention" at Sai Sruthi. Kodaikanal on 15th and 16th July 2006.

## Never Tell a Lie

UT OF HIS GREAT LOVE FOR his son, a householder once gave a gold coin as birthday present to him and said to him, "My dear, ask your mother to get a ring made out of it for you." As his exams were to commence on the following day, the



The boy told a lie to his sister that if one sowed the coin in the earth, it would grow into a tree of coins.

boy kept the gold coin on the table lying there and got engaged in his studies. Meanwhile, his younger sister came there. She was a very naughty girl. Taking the gold coin in her hand, she asked, "Brother, what is this?" "This is a gold coin," he replied. "Where has it come from?" she asked. "It has come from a tree." he said. "How does it become a tree?" she asked again. "It grows into a tree and bears fruits when one puts it in a pit, covers it with soil and pours water over it. There would be coins in every fruit," he told this lie. As his sister was about to ask another question, he said, "Don't bother me. I don't have time. I have to study. Get lost." Saying this, he buried his head in his book.

Taking advantage of this situation, the girl took the coin and went inside. Just as her brother had told her, she went to the backyard, dug a pit near the well, covered it with soil and poured water over it. A maid servant was observing all this. As soon as the girl went inside, she took the coin and hid it. After some time, the mother of the boy came to the front room where he was studying, and told him, "It is time to go to school, come and have your food." Out of his happiness, the son told his mother, "Father has given me a gold coin as birthday present to get a ring made out of it. See, it is here only." Saying this, he looked at the table. The coin was not there.

He called his sister and enquired sternly about the coin. She said, "Oh brother, if this grows into a tree, we will get many more such coins. That is why I sowed it in the soil near the well." When he went there and looked for it, the coin was not there either. The boy felt miserable. Instead of spending his birthday



The innocent girl put the coin in the soil as told by her brother.

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The mother advised her son not to tell a lie even in a joke because it could be dangerous.

in playing and merry making, he had to shed tears. He told his mother what had happened. The mother asked the girl, "What is the reason for your burying the coin in the earth?" She replied, "Brother told me that when you put the coin in the soil and pour water over it, it will grow into a tree and bear fruits. Many more coins will come out of those fruits. That is why I have done this." The mother cautioned her son calmly, "You have told a lie to your sister and in a way you have taught lies to her. You have seen the result of your acting in this manner! Instead of spending your birthday joyously, you are weeping now. Not only this, you have lost the coin also."

Hence, never speak untruthful words to children even in a casual manner. Eventually, this habit can grow, and they may resort to telling big lies which can lead to great dangers.

#### ... Continued from page 233

pronunciation and perfect rhythm: Ganapati Prarthana, Narayana Upanishad and Mantra Pushpam. The concluding programme was that of Bhajan singing. Gents and ladies devotees of Japan alternately led the Bhajans, singing the glory of God and expressing it in the beauty of the Japanese language.

#### **Devotional Music Programmes**

A magnificent programme of devotional music was presented by the students of Sathya Sai Mirpuri College of Music on 18th July 2006. The programme commenced at 4.00 p.m. in the Divine Presence of Bhagavan. The first part of the programme was devoted to the devotional songs on the glory of Lord Rama and the Sankirtan of His Divine Name. This was followed by a couple of excellent classical musical presentations. The programme concluded with a soul-elevating solo presentation of instrumental

on sitar by one of the students of the Music College. At the end of the programme, Bhagavan showered His blessings on the students. He also materialised a gold chain for the student who presented sitar recital.

Soul-stirring devotional songs and Bhajans comprised the programme of devotional music presented by the Brindavan Bhajan Group of Sri Sathya Sai Seva Organisation, Karnataka on 23rd July 2006. Commencing with a sweet composition in praise of Lord Ganesh, the singers presented the musical ensemble entitled "Geet Maalika" filling each heart with devotion and bliss. After singing ten beautiful songs, they rendered Bhajans. Soul-elevating solo songs followed this. The programme which began at 3.20 p.m. continued up to 5.00 p.m. Bhagavan blessed the singers in the end and posed for group photos with them. He also materialised a gold chain for one of the members of this group for his solo vocal presentation.

### ATI RUDRA MAHA YAJNA



Ati Rudra Maha Yajna will be conducted for the peace and prosperity of the world in the Divine Presence of BHAGAVAN SRI SATHYA SAI BABA in Sai Kulwant Hall, Prasanthi Nilayam, Puttaparthi (A.P.) for twelve days from Wednesday, 9th August 2006 to Sunday, 20th August 2006.

The Yajna will be performed in 11 Homa Kundas. 140 Ritwiks proficient in the Vedas will participate.

Rudrabhishekam will be performed to a specially installed Linga during the Maha Yajna.

All are invited to attend the Yajna and seek the blessings of Bhagavan.

SAI YOUTH



#### ATHI RUDRA MAHA YAGNA

#### PROGRAMME SCHEDULE

(I) FIRST DAY: (9th August 2006 Wednesday)

Morning Session:

8.00 AM : Bhagawan's Divine Darshan

Acharyadi Ritvik Varana (Distribution of Diksha Vastra) by Bhagawan

9.30 AM : Mahamangalarati to Bhagawan

Afternoon Session:

2.30 PM : Ceremonial Procession of Bhagawan from Yajur Mandir to Yaga Shala in

Kulwanth all led by all Rithviks along with Poorna Kumbham, Musical troops and

Dwara pooia

3.00PM : Lighting of the lamp by Bhagawan.

3.05PM : Invocation song

3.10PM : Welcome address by Vinay Kumar

3.20PM : Introductory address by Sri Nanjunda Dixit, Pradhana Acharya

3.35PM : Sri Mahaganapathi Pooja and Sri Sadguru Prarthana. Mahasankalpa Pathana,

Mahaprayara, Swasthi Vachana, Swasthi Punyaha Vachana, Raksha Bandhana, Jala

Prokshana for the Lingam

4.10PM : Poorvanga Godana.

4.15PM : Kalasha Sthapana in the Divine presence. Vasthu Rakshoghna Pooja, Vasthu

Rakshoghna Homam, Panchagavyaradhana, Bimbha Shuddhi Pooja for the

Lingam.

4.50 PM : Jaladhivasa for the Lingam Ksheeradhivasa for the Lingam Dhanyadhivasa for the

Lingam Pushpa and Phaladhivasa for the Lingam Shayyadhivasa for the Lingam.

5.45 PM : Mahamangalarati to Bhagawan and Ashtavadhana Seva

ATHI RUDRA MAHA YAGNA

(II) SECOND DAY: (10th August 2006 Thursday)

Morning Session:

5.30 AM : Mangalayadya, Kala Homa, Anga Homa, Kala Ayahana.

6.00 AM : Aruna parayana 6.15 AM : Nethronmeelanam.

6.30 AM to 6.40 AM: Nadisandhana Poorvaka Prana Prathistha of the Lingam by BHAGAWAN

6.40 AM : Mahanyasa Parayana

6.45 AM : Kumbhabhisheka for the Lingam by BHAGAWAN. 7.00 AM : Agni Prathishta and Agni Vibhajana by BHAGAWAN

7.30 AM : Panchamrutha Abhishekam.

8.00 AM : Rudra Parayanam and Linga Abhishekam. 11.00 AM : Rudra Homam and Sri Sai Gayathri Homam.

12 NOON : Mahamangalarati to Bhagawan. Ashtavadhana Seva.

3.00 PM : Mangalavadya

3.15 PM : Nitya Homam and Panchamrutha Abhishekam

3.45 PM : Rudra kramarchana Pooja and Sri Sai Gayathri Homam

4.30 PM : Talk by Learned Speaker.

#### Afternoon Session:

4.45 PM : Music Programme.

5.30 PM : Mahamangalarathi to Bhagawan and Ashtavadhana Seva

ATHI RUDRA MAHA YAGNA

(III) THIRD DAY TO THE ELEVENTH DAY:

(11th August 06 Friday to 19th August 06 Saturday)

Morning Session:

5.30 AM
6.00 AM
6.40 AM
Mahanyasa Parayanam.
7.30 AM
Panchamrutha Abhishekam.

8.00 AM : Rudra Parayanam and Linga Abhishekam.

10.15 AM : Break (During this period Nadaswaram and Veda Parayanam will be going on)

11.00 AM : Rudra Homam and Sri Sai Gayathri Homam

12 Noon : Mahamangalarati to Bhagawan and Ashtavadhana Seva.

Afternoon Session:

3.00 PM : Mangalayadya

3.15 PM : Nitya Homam, Panchamrutha Abhishekam and Sri Sai Gayathri Homam.

4.00 PM : Rudra kramarchana Pooja 4.30 PM : Talk by Learned Speaker. 4.45 PM : Music Programme.

5.30 PM : Mahamangalarati to Bhagawan and Ashtavadhana Seva

ATHI RUDRA MAHA YAGNA

(IV) TWELFTH DAY: (20th August 2006 SUNDAY)

Morning Session:

5.00 AM
5.05 AM
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5.45AM : Rudra Parayanam and Linga Abhishekam.

8.00AM : Rudra Homam, Sri Sai Gayathri Homam, Agni Samyojanam

9.00AM : Jayadi Homam. 9.15AM : Uttaranga Godana

9.25 AM : Maha Poornahuti by BHAGAWAN.9.35 AM : Kumbhabhishekam by BHAGAWAN.

9.45AM : Mahamangalarati to Bhagawan - Ashirvachana.

Afternoon Session:

4.00PM : DIVINE DISCOURSE BY BHAGAWAN

Music Programme.

5.30 PM : Mahamangalarati to Bhagawan





